



Online software to prescribe burn specific exercise programs www.physiotherapyexercises.com (PTX)

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Burns exercises added to PTX

www.physiotherapyexercises.com is a free web-based resource used to create exercise programs for a variety of conditions.

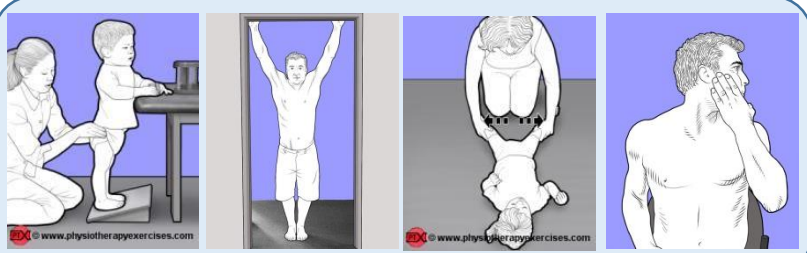
Programs containing independent exercises and stretches are essential for optimal functional and cosmetic outcome post- burn injury.

In collaboration with the PTX team, the NSW Burn specialist physiotherapists have developed specific exercises for our adult and paediatric burn injured population.

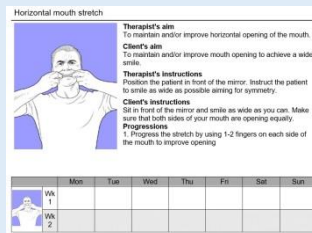
Using the site is FREE and easy



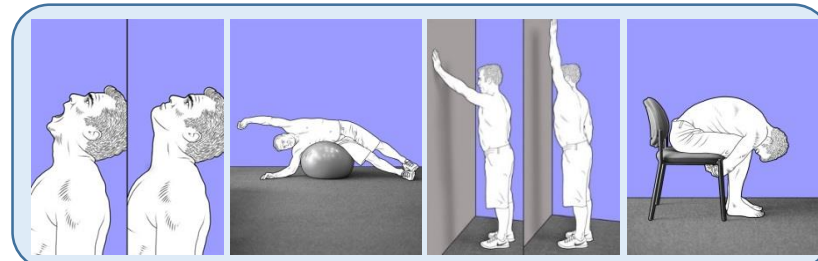
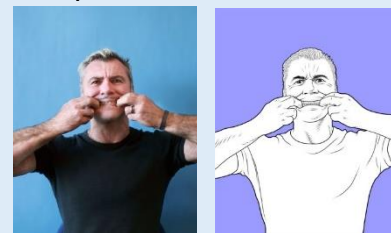
Print or send to your mobile device



Each exercise has detailed instructions.



All exercises have photos and sketches



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